

العربية

# Wonder & Wellness in Magical Morocco

May 4-10, 2019  
with Jody Cross  
LCSW, CETII, EAPI



EPONA RETREATS  
ADVANCED WHOLE-HEARTED WELLNESS

● *This retreat is for you if* ●

**Going tribal stirs something deep in you.**

**You love lush surroundings, luxury, and the fragrance of roses and rosemary.**

**You want to feel ocean winds in your hair and ride horseback down the beach.**

**You're ready to experience a multi-sensory, mind-blowing world of riotous color and exotic shopping.**

**You want to stay in an olive grove in Marrakech and spend time at the ocean in the same trip.**

● **Riding camelback is oh-heck-yeah!** ●

**Come solo or bring your spouse, family members or friends.**



## Destination: Marrakech, Morocco

**Dates:** May 4-10, 2019

**Cost:** \$3495 (Double Occupancy)

**Deposit:** \$750

**Your Guide:** Jody Cross, LCSW-R, CETII, EAPI, Global Facilitator of Advanced Wellness Modalities

## Accommodations: Peacock Pavillion

### Luxuriate in Tribal Chic

- Artisanal handmade boutique hotel
- Ancient olive groves
- 8.5 acre private estate
- Tiled private rooftop and dining terraces
- Outdoor pool
- Domed ceilings
- Award-winning Tribal Chic decor & shop
- Lush surroundings with roses and rosemary

## Advanced Wellness & Immersive Modalities

Epona Retreats help you come fully alive through immersive, full-body experiences.

Under the expert care and guidance of Jody Cross, you'll go beyond the self you knew and say hello to a life (and a you) that exceeds your own imagining. Your exploration and expansion facilitated through:

- Attachment therapy with horses and camels
- EMDR
- Psychodrama
- Daily Yoga & Meditation
- Traditional Hamman spa treatment

## Overnight Outing

### Essaouira (The Blue City on the Atlantic coast)

We'll travel to the coastal town of Essaouira, Morocco's beach paradise. Here you can ride on the beach on a camel or horse, ocean wind in your hair, damp sand underfoot. You'll glamp in authentic Berber tents made luxurious with Berber rugs and hangings. We'll also enjoy a guided insider's tour of Essaouira and dinner in town (dinner not in trip cost).



# What's Included?

- Airport Transportation+
- Villa accommodation (spacious bedrooms each with private bathrooms)
- Breakfast, lunches and dinners\* at Peacock Pavilions ☺ in Marrakech
- Advanced Whole-Hearted Wellness daily immersive therapeutic practices
- Animal companionship time
- Daily meditation and yoga classes (mats/props provided)
- Use of full estate (terraces, pool, outdoor walking, gym)
- Transportation and insider guides to shopping in Marrakech and Essaouira
- Overnight trip to Essaouira and Berber tent beach glamping, (dinner not included)
- Open day to relax in your pavilion or further explore Marrakech (visit Majorelle gardens, return to the Medina and souks for more shopping or go horseback riding)
- Traditional Hammam spa treatment

+ Airfare to and from Morocco not included.

\* Breakfast and lunch on your own during your open day.



# Register Now

Get your full enrollment packet to find out which amazing villa you'll be sleeping in once you pay your \$750 deposit.



P.S. Space is limited to 12 participants. These 12 people will be wrapped in luxurious tribal chic and having a whole-hearted, life-expanding experience. Will one of them be you?